

# Profile of the Week



## FAMILY SERVICES OF PEEL

### What We Do:

Family Services of Peel is a multi-service organization which offers over 15 programs including employment support, preventive counselling, crisis support, advocacy, educational service and supports for adults with a developmental disability. To ensure the highest possible standards of service for clients, staff are recruited with the appropriate experience and academic qualifications. All staff providing professional counselling services are equipped with a minimum of a Masters Degree in Social Work, Psychology or related field. Accredited through The Canadian Family Services Accreditation Program, the organization works diligently to ensure high quality services, prudent fiscal management, sound administration and governance. A recent re-accreditation process in January 2009 resulted in Family Services of Peel achieving 95% of all possible marks

### Services Offered:

Family Services of Peel offers programs in five key areas:

- ❖ Employment Support Services
- ❖ Counselling
- ❖ Supports for Individuals Who Have Experienced Abuse
- ❖ Supports for Individuals With a Developmental Disability
- ❖ Training, Education and Consulting Services

### Employment Support Services:

Family Services of Peel has been operating employment support services for ten years. A key component of all of our employment support programs is individualized service. Our organization recognizes the importance of actively engaging the client in creating an action plan that is tailored to their needs. Staff are aware that clients face a number of challenges including literacy, disabilities, mental health issues and addictions. Traditional learning models may not always be the most effective manner in which to develop a client's skill set. With an individualized approach, the staff person explores methodologies that are most effective with the client. Clients have stated that this approach is invaluable to them and is unique to the services offered by our organization.

**Counselling Services:**

Family Services of Peel offers one-on-one counselling to support individuals and families with life challenges. Our counselling staff are highly skilled professionals who have a minimum of a Master's level of education, typically in the fields of Social Work, Sociology and Psychology. Clients receive support on a multitude of issues including job loss, job/career readiness assistance, parenting, relationship issues, separation/divorce, eating and sleeping disorders, abuse, grief, loss stress, anxiety, anger issues and drug/alcohol related issues.

**Supports for Individuals Who Have Experienced Abuse:**

Family Services of Peel offers a range of programs to support individuals who have been abused or who have experienced trauma in their lives. Clients receive individualized support including one-on-one counselling, telephone support, linkages to appropriate services including housing and shelters, support groups and education.

**Supports for Individuals With a Developmental Disability:**

A person-centered approach is utilized to establish goals, develop a service plan and support the individual to achieve his/her goals which may include: suitable housing, life skill/social skill development, support with parenting.

**Training, Education and Consulting Services:**

In our Family Life Education Program, workshops and groups are offered to support individuals, couples and families with personal and family challenges. Workshops cover topics such as self-confidence, understanding depression, money management, parenting, relationship issues, separation/divorce, personal development, marriage and family.

**Upcoming Events:**

Please visit our website

[www.fspeel.org](http://www.fspeel.org)

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